# Bolton Safeguarding Children Partnership

# E-learning Multi-agency Training Courses





Bolton Safeguarding Children

#### Introduction

This brochure has been produced to support organisations with access to online training where access to traditional face-to-face training is not available or convenient.

The training does not replace face-to-face training but is supportive of it and can be used to continue professional development and refresh previous training.

#### Part 1

Provides details of seminars and training very Microsoft Teams / Zoom or similar. The training is provided as a response to COVID 19 and an effort to ensure access to training. This section will be updated as the training develops and the circumstances change. The training is booked via Eventbrite from which you will be provided with access details.

#### Part 2

You can access a wide range of free or low-cost e-learning designed to support your work to safeguard children and young people. The majority of the courses are free, and many are accredited by recognised bodies.

N.B. All the training is sourced from external providers and the BSCP is not responsible for the content or able to assist with access or technical difficulties.

On completion of a course, practitioners should notify their agency training representative to ensure that e-learning is captured on their training record.

The BSCP also provide a catalogue of face-to-face training which is available at www.boltonsafeguardingchildren.org.uk

If you are aware of further resources that can be added to this brochure please contact the Multi-Agency Training Co-ordinator on 01204 337861 / 332030 or Email multiagencytraining@bolton.gov.uk

#### Part 1

#### 1. <u>Domestic Abuse (Crises Call & Disclosure)</u>

The training is 45 minutes and will be delivered remotely via Zoom by Fortalice staff who provide extensive services for victims of domestic abuse. At this difficult time, victims who are suffering the effects of domestic abuse may contact services and professionals.

Course name	Media	Date	Start Time	Length	Places	Enrolment
Domestic Abuse (Crises Call & Disclosure)	Zoom	Wed 3rd June	1.30pm	45 mins	16	Click to enrol
Domestic Abuse (Crises Call & Disclosure)	Zoom	Wed 10th June	1.30pm	45 mins	16	Click to enrol
Domestic Abuse (Crises Call & Disclosure)	Zoom	Wed 17th June	1.30pm	45 mins	16	Click to enrol
Domestic Abuse (Crises Call & Disclosure)	Zoom	Wed 24th June	1.30pm	45 mins	16	Click to enrol

#### 2. <u>Domestic Abuse (National Centre for Domestic Abuse)</u>

In the training (approx 45 mins) we will discuss the definition of domestic abuse and to obtain and serve three types of emergency civil injunctions.

- Non Molestation orders
- Prohibited Steps orders
- Occupation orders

Explain who the NCDV are, what they can do to help in other ways and how to get 24/7 access.

Domestic Abuse (National Centre for Domestic Abuse)	Zoom	Wed 10 June	10am	45 mins	20	Click to enrol
Domestic Abuse (National Centre for Domestic Abuse)	Zoom	Tues 16 June	10.30am	45 mins	20	Click to enrol
Domestic Abuse (National Centre for Domestic Abuse)	Zoom	Tues 23 June	10am	45 mins	20	Click to enrol
Domestic Abuse (National Centre for Domestic Abuse)	Zoom	Wed 01 July	10am	45 mins	20	Click to enrol

#### 3. Local Authority Designated Officer (LADO)

This short presentation (approx 40 mins) will inform regarding the role of the Local Authority Designated Officer and when and if you need to be making referrals and seeking their advice and guidance.

LADO	Teams	Tues 9th June	10am	40 mins	16	Click to enrol
LADO	Teams	Wed 17th June	10am	40 mins	16	Click to enrol

#### 4. Female Genital Mutilation

Female Genital Mutilation is a crime suffered by 100's of young girls and women and it is happening in the UK. This short awareness training (approx. 60 mins) will help you understand why and how you can support children and families.

FGM	Teams	Thurs 11th June	10am	60 mins	20	Click to enrol
FGM	Teams	Tues 7th July	10am	60 mins	20	Click to enrol

#### 5. Forced Marriage and Honour Based Violence

The course is in 3 modules and you must complete all to receive a certificate
The course will Increase awareness, knowledge of the cultural context of force marriages. Be
aware of services to hep and your role and responsibility.

		Tues 23rd June Session 1	10 am	60 mins	12	Click to enrol
Forced Marriage	Teams	Tues 30th June Session 2	10 am	60 mins	12	
		Thurs 9th July Session 3	10 am	60 mins	12	

# Part 2

Familial Abuse	Provider	Page	Cost
Kanning Children Cafe Lavel 1	BSCP	7	Free
Keeping Children Safe - Level 1	Virtual College	7	£20
Keeping Children Safe - Level 1	Virtual College	-	£20
Keeping Children Safe - Level 2	Virtual College	7	£20
Keeping Children Safe - Level 3	Future Learn	8	Free
Caring for Vulnerable Children	Open Learn	8	Free
Children and Violence	-	8	Free
Supporting Child Development	Open Learn	9	riee
Complex Safeguarding			
Child Sexual Exploitation	PACE	10	Free
Child Sexual Exploitation (seen and heard)	Seen and Heard	11	Free
Adverse Childhood Experiences	ACES Learning	11	Free
Adverse Childhood Experiences	EduCare	11	£18.50
Adverse Childhood Experiences (book)	Lancashire SG	12	Free
Childhood in Crises	Open Learn	12	Free
Children Living in Different Settings	Open Learn	12	Free
Parental mental Health and Families	SCIE	13	Free
Parental Substance Misuse	SCIE	13	Free
Sexual Orientation and Gender Identity	Open Learn	13	Free
Transgender Awareness	GIRES	14	Free
Life Stories	Open Learn	14	Free
Childhood in the Digital Age	Open Learn	14	Free
Prevent Awareness	UK GOV	15	Free
Prevent Referrals	UK GOV		Free
Channel Awareness	UK GOV		Free
Domestic Abuse / Violence			
Supporting Victims of Domestic Abuse		4.5	_
Forced Marriage	Future Learn	16	Free
Understanding Animal Welfare in Violent Homes	UK GOV	16	Free
(N.B. Fortalice can provide bespoke local online training for	Virtual College	16	Free
Domestic Abuse see Pg 21)			

Emotional Health and Wellbeing (EHWB)			
Impact of Child Maltreatment on Mental Health Emotions and Emotional Disorders Understanding Young Minds Supporting Children's and Young People's Wellbeing Young People's Wellbeing Mental Health (multiple topics) Parenting Dealing with Bereavement Helping a Young Person Deal with Grief An Introduction to Death, Dying and Grief	Future Learn Open Learn Virtual College Open Learn Open Learn Minded Open Learn CB UK CB UK Open Learn	17 17 18 18 18 19 19	Free Free Free Free Free Free Free Free
Miscellaneous Safeguarding			
Professional Relationships with Young People Applying Social Work Skills in Practice	Open Learn Open Learn	21 21	Free Free
COVID 19 Specific			
Prevent COVID 19 (resource pack) Infection Prevention and Control (Introduction)	Virtual College Virtual College	22 22	Free Free

### \*IMPORTANT\*

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## **Familial Abuse**

#### **Keeping Children Safe - Level 1**

Free

This course provides is required to be undertaken by all staff and volunteers who work consistently or intermittingly with children. It provides training on our roles and responsibilities, the signs and symptoms of the common forms of abuse and what to do if you suspect abuse or it is disclosed to you by a child.

Available at (click link)	https://www.boltoncc.ac.uk/boltoncouncil/login
Provider	Bolton Safeguarding Children Partnership

#### **Keeping Children Safe - Level 1**

£20

This course covers the core information for Level 1 Safeguarding Children. It introduces safeguarding as a subject and covers key safeguarding topics, how to identify the signs and symptoms of abuse and what you should do if you suspect a child is being abuse or if they disclose information.

Available at (click link)	<u>Level 1 - Safeguarding Children</u>
Provider	www.virtual-college.co.uk

#### **Keeping Children Safe - Level 2**

£20

This course will give learners the knowledge to identify the signs and symptoms of abuse and what they need to do if they suspect a child is being abused. The importance of multi-agency cooperation and ways you can reduce the risk of abuse. It looks as what whistleblowing is, what it is not and why it is important.

Available at (click link)	<u>Level 2-Safeguarding Children</u>
Provider	www.virtual-college.co.uk

#### **Keeping Children Safe - Level 3**

£20

This course is for anyone who requires Level 3 Safeguarding training and has a considerable responsibility for safeguarding children, and they have to be able to act accordingly to information and concerns brought to them. Anyone working at this level needs to be confident in working with multiple agencies and advise on local and national policies. It outlines the responsibilities lead workers in the children's and young person's sector have."

Available at (click link)	Level 3 - Safeguarding Children
Provider	www.virtual-college.co.uk

#### **Caring for Vulnerable Children**

Free

Develop an understanding of some of the approaches involved in caring for vulnerable children, and consider what we mean by risk and vulnerability, as well as how we define good enough parenting. We'll think about how children grow and develop, and how we can provide them with meaningful relationships and attachments. The course considers different methods of practice and considers different possible interventions.

Available at (click link)	<u>Vulnerable Children</u>
Provider	www.futurelearn.com

#### **Children and Violence**

Free

(20 hours Level 2)

Children are subject to many forms of adversity, for example, poverty or ill health. However, a significant form of adversity experienced by children in many different regions of the world is violence. The form of violence against children varies widely and is hugely disparate. In this free course, Children and violence: An introductory, international and interdisciplinary approach, the focus is on three different environments where children experience violence.

Available at (click link)	<u>Children and Violence</u>
Provider	<u>Openlearn</u>

#### **Supporting Child Development**

Free

(4 hours Level 1)

Supporting children's development is an introductory course for anyone who is interested in children's development, especially support staff in schools, such as teaching assistants. It builds on your knowledge and skills to develop a deeper understanding of children from the early years to school leavers. You will be introduced to some core ideas surrounding development and learning, behaviour, special needs and disabilities.

Available at (click link)	Child Development
Provider	<u>Openlearn</u>

# **Complex Safeguarding**

#### **Child Sexual Exploitation**

Free

Thousands of children in the UK are at risk of being forced or manipulated into sexual activity. This course will help you to: understand child sexual exploitation; find out how to spot the signs and know who to report any concerns to.

Available at (click link)	C.S.E.
Provider	Parents Against Child Exploitation

#### **Child Sexual Exploitation (Seen and Heard)**

Free

At the heart of Seen and Heard is a video-based 60-minute e-learning module, built around the real experiences and stories of young people, told in their own words.

Available at (click link)	C.S.E. Seen and Heard
Provider	Seenandheard.org

#### **Adverse Childhood Experiences**

Free

(50 mins)

This training gives you an understanding that experiencing adversity in childhood can have a significant impact over a person's life course resulting in ill health, poor wellbeing and in some cases premature death.

Available at (click link)	Adverse Childhood Experiences (A.C.E.'s)
Provider	https://www.acesonlinelearning.com

#### **Adverse Childhood Experiences**

£18.50

(2hrs)

This course is to help you understand what ACE's are and how they may affect children growing up. Using statistical evidence, the course also highlights the potential impact that ACEs can have in adulthood. Not everyone who has been exposed to ACEs will have negative outcomes but understanding ACEs will help support the work and relationships you have with children.

Available at (click link)	A.C.E.S.
Provider	www.educare.co.uk

#### **Adverse Childhood Experiences (book)**

Free

This book, written by a group of practitioners who have experience in supporting children who are living with trauma and/or experiencing traumatic events and are all based in the NW of England and work in the education sector and the NHS. It describes what ACEs are, their immediate effects and how they can affect children in the short-term and throughout their lives. There are case studies to discuss and ways that have been developed to manage the effects of ACEs and to prevent them occurring in the first place.

Available at (click link)	Resource Pack
Provider	www.lancashiresafeguarding.org.uk

#### **Childhood in Crises**

Free

(7 hours Level 2)

The course looks at what it means to be a child in today's world. Childhood involves a consideration of what shapes our ideas of what childhood is as well as looking at the reality of children's lives. Media representations, children's status in the home, educational provision, healthcare and education have a bearing on of the experience of childhood and how we think about children's needs. Children's cultural worlds provide insights into how children make sense of the context of their lives.

Available at (click link)	Childhood in Crises?
Provider	<u>Openlearn</u>

#### **Children Living in Different Settings**

Free

(7 hours Level 2)

Most children live with a parent or parents, with siblings and relatives and with family pets in the family home, but many children do not live with their parents or even with their families. They may live elsewhere through choice or necessity, but whatever the event that causes them to move away from their parents or families, the significance of moving in a child's life can be considerable. This free course, Children living in different settings, will be of interest to anyone who supports children who live away from their families in any capacity.

Available at (click link)	<u>Different Settings</u>
Provider	<u>Openlearn</u>

#### **Parental Mental Health and Families**

Free

(15 hours)

This course addresses some of the issues that such as stigma, discrimination and equalities that can exist for families dealing with parental mental health.

Available at (click link)	Parental Mental Health
Provider	www.scie.org.uk

#### **Parental Substance Misuse**

Free

This course looks at defining and recognising substance misuse and its effects on people. It looks at how help and treatment can be obtained and the effects on family relationships.

Available at (click link)	Parental Substance Misuse
Provider	www.scie.org.uk

#### **Sexual Orientation and Gender Identity**

Free

(12 hours Level 1)

This course examines approaches to people whose sexual orientation or gender identity does not conform to that of the majority. This explores how legal and social/cultural attitudes have changed significantly over time. The legal approaches to sexual orientation and gender identity cover a range of different areas of law including criminal, employment and family law. The focus will be on the approach of English law.

Available at (click link)	Gender Identity
Provider	<u>Openlearn</u>

#### **Transgender Awareness**

Free

Other organisations that wish to provide a basic level of training for their staff, encourage them to use the GIRES online learning courses. Several of these enable users to earn Continuing Professional Development points.

Available at (click link)	<u>Transgender Awareness</u>
Provider	www.gires.org.uk

Life Stories Free

This course, Life stories, looks at the way in which objects, trends, cultures or disabilities may contribute to a person's identity, and the contribution that our own life stories make to who we are, and how remembering and revisiting our past may help us to move forward with our lives.

Available at (click link)	<u>Life Stories</u>
Provider	Openlearn

#### **Childhood in the Digital Age**

Free

The amount of technology available to children today is greater than in any previous generation. How is shaping children's development and experiences. Are social media changing the way that children form relationships? How is technology changing the way that children think, and how will it shape the classroom of the future? This free course pulls together the latest evidence from experts in the field to explore these and other questions.

Available at (click link)	<u>Digital Age</u>
Provider	<u>Openlearn</u>

#### **Prevent Awareness**

Free

This offers an introduction to the Prevent duty, and explains how it aims to safeguard vulnerable people from being radicalised to supporting terrorism or becoming terrorists themselves.

Available at (click link)	Prevent
Provider	www.gov.uk

#### **Prevent Referrals**

Free

This training enhances knowledge of the Prevent process requires a basic understanding of Prevent. it expands on the

NOTICE CHECK SHARE procedure, which is applied when there is a concern that someone might be at risk of radicalisation, and require the correct, proportionate response to that.

Available at (click link)	Prevent Referrals
Provider	www.gov.uk

#### Channel Awareness Free

This course will help you understand the working process of multi agency working when concerns exist of radicalisation. It outlines roles and responsibilities and it will share key learnings and best practice from those already involved around the country, and will allow you to work through example case studies so you can see the process in action.

Available at (click link)	<u>Channel Awareness</u>
Provider	www.gov.uk

# **Domestic Abuse / Violence**

#### **Supporting Victims of Domestic Abuse**

Free

(3 x 3 hours)

Enhance your knowledge of gender-based violence and the forms of domestic abuse that can take many forms and affect anyone. This course, you'll address the role of gender in domestic violence and learn to recognise the various forms of violence and abuse. You'll reflect on the impact of domestic violence and understand your responsibilities

Available at (click link)	Domestic Abuse
Provider	www.futurelearn.com

#### **Forced Marriage**

Free

A recent study revealed that 137,000 women in England and Wales are estimated to be living with the consequences of FGM. To address this issue, the Home Office is championing a proactive approach and has launched this free online FGM training package. The training will help a wide range of professionals to identify and assist girls who are at risk of FGM. This course is an overview of FGM, useful particularly to frontline staff in healthcare, police, border force and children's social care.

Available at (click link)	Forced Marriage
Provider	www.gov.uk

#### **Understanding Animal Welfare in Violent Homes**

Free

(6 hours Level 2)

The course provides a basic understanding of the link between family abuse and animal abuse, and to understand what to do if you have suspicions. It looks at what animal abuse is, how to spot the signs.

Available at (click link)	Animals and Domestic Abuse
Provider	www.virtual-college.co.uk

# **Emotional Health and Wellbeing**

#### **Impact of Child Maltreatment on Mental Health**

Free

(6 hours Level 2)

This course looks at how childhood trauma impacts a child's beliefs, behaviour, and development. You will improve your understanding of how early adverse experiences can impact a young person's mental health. Using evidence-based research, you'll examine the different ways childhood trauma can influence an individual's psychological state, educational outcomes and social difficulties.

Available at (click link)	<u>Child Maltreatment</u>
Provider	www.futurelearn.com

#### **Emotions and Emotional Disorders**

Free

(8 hours Level 2)

In this free course, Emotions and emotional disorders, you will learn about some of the disorders related to the feelings of stress, sadness and anxiety including how these disorders are diagnosed, their biological correlates, and evidence of their possible causes.

Available at (click link)	<u>Emotions</u>
Provider	<u>Openlearn</u>

#### **Understanding Young Minds**

Free

(16 hours Level 3)

This course provides advice on talking to your children about emotional resilience and self-harm. It considers the subject of teenage self-harm and parental ways to support children and their emotional resilience and ability to adapt to stressful situations or crises.

Available at (click link)	Young Minds
Provider	www.virtual-college.co.uk

#### **Supporting Children's and Young People's Wellbeing**

Free

(8 hours Level 2)

This course looks at some of the broader concerns regarding wellbeing and the idea that children and young people today are increasingly reporting feelings of unhappiness. By completing the activities, you will be introduced to different ways of understanding children and young people's wellbeing as well as a variety of practices and services that can provide support.

Available at (click link)	Children and YP Wellbeing
Provider	<u>Openlearn</u>

#### **Young People's Wellbeing**

Free

(3 x 3 hours)

What do we mean by 'wellbeing' for young people? How is it shaped by social differences and inequalities, and how can we improve young people's mental and physical health? This free course, Young people's wellbeing, will examine the range of factors affecting young people's wellbeing, such as obesity, binge drinking, depression and behavioural problems.

Available at (click link)	YP Wellbeing
Provider	<u>Openlearn</u>

#### **Mental Health (multiple topics)**

Free

This is a well-respected professional site with a vast amount of e-learning resources mainly aimed at professionals. The registration process can be challenging but is worth persevering due to the content made available.

Available at (click link)	Mental Health - multiple topics
Provider	www.minded.org.uk

#### Parenting Free

(10 hours Level 3)

I blame the parents!' How often is that phrase used to explain the ills of society and is it valid? This free course, Parenting, will consider how important is quality parenting, who judges it, and is its provision the sole responsibility of parents should parents just be left to get on with it? It explores what parenting actually means, what is meant by quality parenting, and how it can be enhanced and promoted. The course is of interest to anyone who is, might become or works with parents.

Available at (click link)	Parenting
Provider	<u>Openlearn</u>

# There are 29 videos covering many issues and advice relating to supporting the effects of bereavement and its impact for adults, teenagers and children Available at (click link) Bereavement Provider www.childbereavementuk.org

Helping a Young Person Deal with Grief		Free
Videos aimed specifica those bereaved.	lly at Teachers, Health Workers, Parents and	Friends of
Available at (click link)	<u>Bereavement</u>	
Provider	www.childbereavementuk.org	

#### An Introduction to Death, Dying and Grief

Free

This course, An introduction to death, dying and grief, invites you to think more deeply about death and dying and encourages you to think about it in different ways. This course will introduce you to different perspectives on death; ethical issues related to dying and end-of-life care; as well as expressions of grief. Please note that this course includes video about people talking personally about their experiences in relation to death and dying. If you have been affected by the issues in these videos, there are resources included in the course for further information and support.

Available at (click link)	<u>Bereavement</u>
Provider	<u>Openlearn</u>

# Miscellaneous

#### **Professional Relationships with Young People**

Free

(8 hours Level 1)

The development of a good working relationships is a good end in itself, as for some young people with few good-quality relationships in their lives they can find that entering into informal relationships with adults who respect, accept, like and really listen to them is a new life experience. These relationships can offer the young people new perspectives on approaching, developing and managing quality relationships of their own. This free course, Professional relationships with young people, explores different approaches in developing relationships and working practices which can inform work with young people.

Available at (click link)	<u>Professional Relationships</u>
Provider	<u>Openlearn</u>

#### **Applying Social Work Skills in Practice**

Free

In this course, you will be exploring the social work role in working with vulnerable and socially excluded individuals and groups. You will explore risk and the assessment of need in social work practice and the broader context of social work within society. You will look at some specific contexts within which social work is practised and hear about different service user/carer and practitioner experiences and how social work knowledge, skills and values are applied when social workers are supporting children and adults in transition.

Available at (click link)	Social Work Skills
Provider	<u>Openlearn</u>

# Covid-19

Prevent Covid-19	Free
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This course aims to provide learners with information on COVID-19 and suggests best practice for businesses in the current climate. It includes personal hygiene measures to prevent COVID-19, tips for social distancing and self-isolation and best practices for work (home & on location).

#### **Resource Pack**

Available at (click link)	Covid-19
Provider	www.virtual-college.co.uk

Infection Prevention and Control (Introduction)		Free
Ensuring you know the	play when it comes to infection prevention a most effective ways you can stop the spreadisk of infection in your workplace.	
Available at (click link)	Infection Prevention	
Provider	www.virtual-college.co.uk	



# **Children and Young People's Service**

If abuse is happening in your home, you may feel unsafe, scared or anxious. If you can't go to school and you're being told you can't leave the house, you may be worried you have no one to talk to. It is really important you know how to keep yourself safe from domestic abuse and we are here to help you through telephone, text, email and video.



#### How can we help you?

If you are struggling with the effects of domestic abuse, our specialist Children and Young People's workers can help you with:

- 1 to 1 support and advice
- Managing your emotions
- Personal safety plans and risk assessments to keep you safe in your home
- A safe arena to explore healthy and unhealthy relationships

#### What should I do if I feel unsafe in my home?

Trusted adults: If adults are hurting each other, pick a trusted adult you can talk to. This could be a neighbour, an auntie or uncle, a teacher or a friend's parent. Remember to pick an adult who you can ring or contact easily and keep their number safe.

Safe place: Find a place to keep yourself safe away from where arguments or conflict is happening. If you have younger siblings try to take them with you. Never get involved if adults are hurting each other, even if you want to - you must keep yourself safe. If you can, leave your house and go and ask a neighbour for help. It's OK to do this even whilst we are in lockdown.

Emergency: If it is an emergency, you can ring 999 - this is a free call from any phone and you do not need to know the phone's passcode. If it is not safe to speak, press 55 when prompted.

#### Advice for professionals

If you are a professional currently working with a child or young person suffering the effects of domestic abuse, we are still taking referrals into the service and are available for general advice. We are also doing remote sessions for children and young people at home and, where possible, in schools so they have a safe zone to a talk.

To make a referral in to the service, please email us via CYP@fortalice.co.uk and one of our specialist workers will contact you.

Email CYP@fortalice.co.uk or ring 01204 365 677 www.fortalice.org.uk



If you have any comments or feedback on this brochure then please email <a href="multiagencytraining@bolton.gov.uk">multiagencytraining@bolton.gov.uk</a>