



5

to help a child see tasks coming to an end.

Use this Countdown Card

4

3

2

1

finished

Laminate page. Cut out the "How much longer strip?". Add a strip of soft Velcro vertically on the front and back. Put rough Velcro dots on the back of each number and the finished picture. Cut and place pictures on front of card (5,4,...1, finished - top to bottom). While your child is completing a task, gradually move

each number to the back

counting down from

the 5 to 1.