



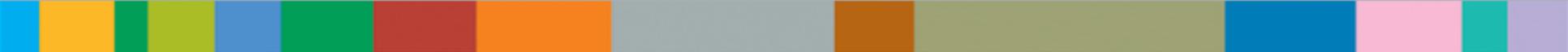
# The Early Years Communication and Language Development Service

## Communication Champion Briefing



# Overview

- Share current research
- Share national and local updates
- Explore how to share key messages around screen time with families.
- Share good practice in promoting communication and language through everyday routines.
- Network and share what works well



# National Updates

## Sharing Latest Research:

- Have you ever wondered how you learned to talk?
  - Importance of baby talk and babies more likely to learn from it
  - 2 year olds can predict rest of sentence before hearing the words
- <http://www.lucid.ac.uk/resources/for-policy-makers/evidence-briefings/> - useful resource



# National Updates

# Tiny Happy People

TINY *Happy* PEOPLE

*Your words build their world*

[Home](#) [About](#) [Activities](#) [Tips and advice](#) [Science and facts](#)

A chatty child is a happy child, so Tiny Happy People is here to help you develop your child's communication skills through simple interaction and play.



## Activities

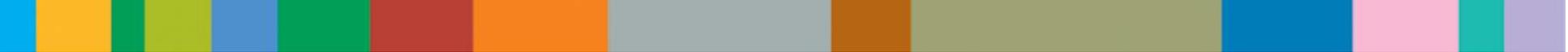
Simple, fun and free activities to try with your baby. Just select the age of your child.



## Tips and advice

Experts and parents give their advice on language learning, child development and parent life.

Sign up for the newsletter: [tinyhappypeople@bbc.co.uk](mailto:tinyhappypeople@bbc.co.uk)



# Bolton Word Gap Conference

## Key Messages

- Closing the word gap- Reflect Inspire Change
- Links made between brain development, attachment and communication
- Empowering practitioners and parents – can make a huge difference to child's life chances
- Pledges: “I am going to help close the word gap by....”

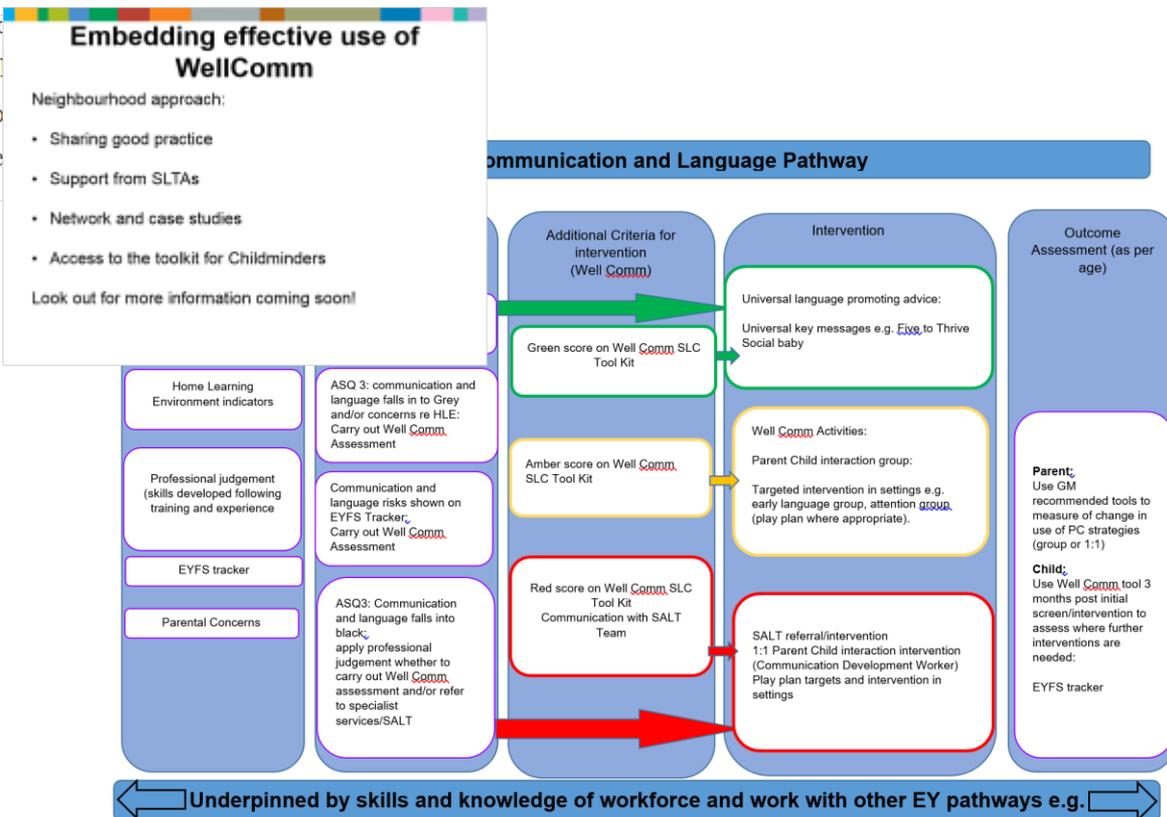
# Pathways To Talking

Stock take in Bolton.

Prior to the meeting, the team in Bolton had held workshops with a range of professionals to complete the stocktake documentation very thoroughly and said that they had found these workshops very useful and informative. The list of people who had contributed to the document was quite extensive and included representatives from schools, settings, Library Service, Health Visiting, LA, SLT and the CCG.

At the actual meeting the representation was from Bolton Start Well, SLT, Public Health and Royal Bolton Hospital Foundation Trust's 0-19 service.

Michelle led the meeting, going through each section of the stocktake and discussing it in detail. We soon realised that the narrative in the completed document was the tip of the iceberg with lots of impressive work happening behind the scenes, not all of it blown away by initiatives such as the dedicated 'Start Well Language team' the '5 golden rules' and the job description champions in settings. These are just 3 of a long list of such





# Embedding effective use of WellComm

Neighbourhood approach:

- Sharing good practice
- Support from SLTAs
- Network and case studies
- Access to the toolkit for Childminders

Look out for more information coming soon!

# Key Messages Around Screen Time

- <https://www.bbc.co.uk/tiny-happy-people/baby-gaga/z4s9t39>
- <https://www.bbc.co.uk/tiny-happy-people/video-calls-bonding-time/zryn6v4>



# Screen Time Resource

## Strategies to support language development

These guidelines are for all healthy children under 5 years of age

- **Infants (less than 1 year):**

Screen time is not recommended.

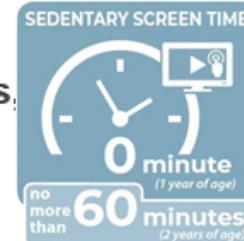
Whenever possible, engaging in reading and storytelling with a caregiver is encouraged.



- **Children 1-2 years of age:**

For 1-year-olds, inactive screen time (such as watching TV or videos, playing computer games) is not recommended. For those aged 2 years, should be no more than 1 hour; less is better.

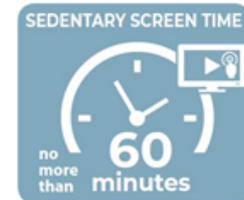
When children are sitting, engaging in reading and storytelling with a caregiver is encouraged.



- **Children 3-4 years of age:**

Screen time should be no more than 1 hour; less is better.

When children are sitting, engaging in reading and storytelling with a caregiver is encouraged.



**Reference:** World Health Organization. (2019). *Guidelines on Physical Activity, Sedentary Behaviour and Sleep For Children Under 5 Years of Age*. Available: <https://apps.who.int/iris/handle/10665/311664> Last accessed 5th August 2019.

# Supporting Every Day Routines

## Parent Friendly Ideas for Communicating in the Home Learning Environment

### Bathtime

Spend time talking to your child about names of body parts and the items used in the bath such as soap, water and toys.

Use words repetitively such as bubbles, warm, wet, slippy and splash.

In summer, use the warm weather to provide bathing opportunities outside using a large washing up bowl or a paddling pool with warm soapy water



## Parent Friendly Ideas for Communicating in the Home Learning Environment

### Helping around the House

Early on, set your child to help with simple tasks. Young children love to help their parents.

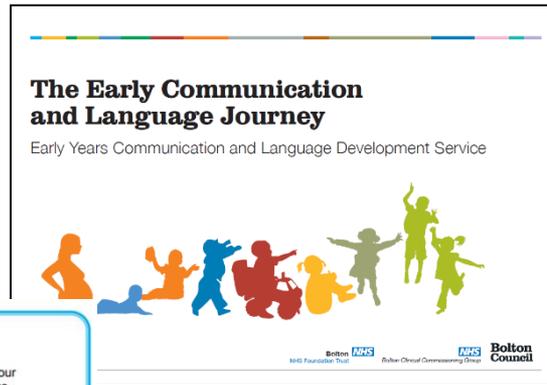
Give them a damp cloth and something to dust whilst you dust the furniture. Use action words such as rub, wipe, blow, clean and scrub.

Give your child the names of the furniture as you dust each one.

Dust and clean to music making it more fun.



# Using available tools to work with families



**Parent Friendly Ideas for Dummy Use**

For children over one year, use of a dummy can cause difficulties in your child's communication and language development and dental problems.

**Speech problems**

When your child uses a dummy, it restricts speech sounds development.

When the dummy is in the mouth, the speech sounds may be made in the wrong place in your child's mouth.

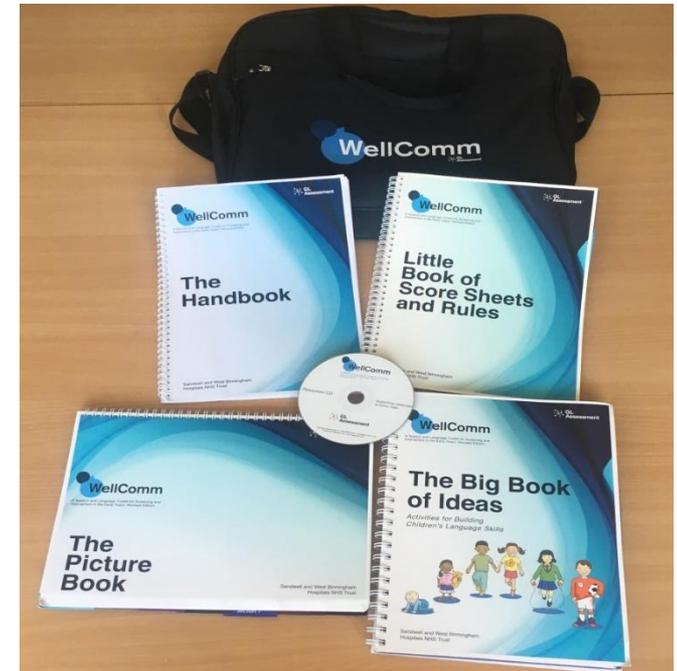
This can make speech difficult to understand and cause some speech sound difficulties.



**NHS Bolton**  
NHS Foundation Trust

**NHS Bolton**  
Clinical Commissioning Group

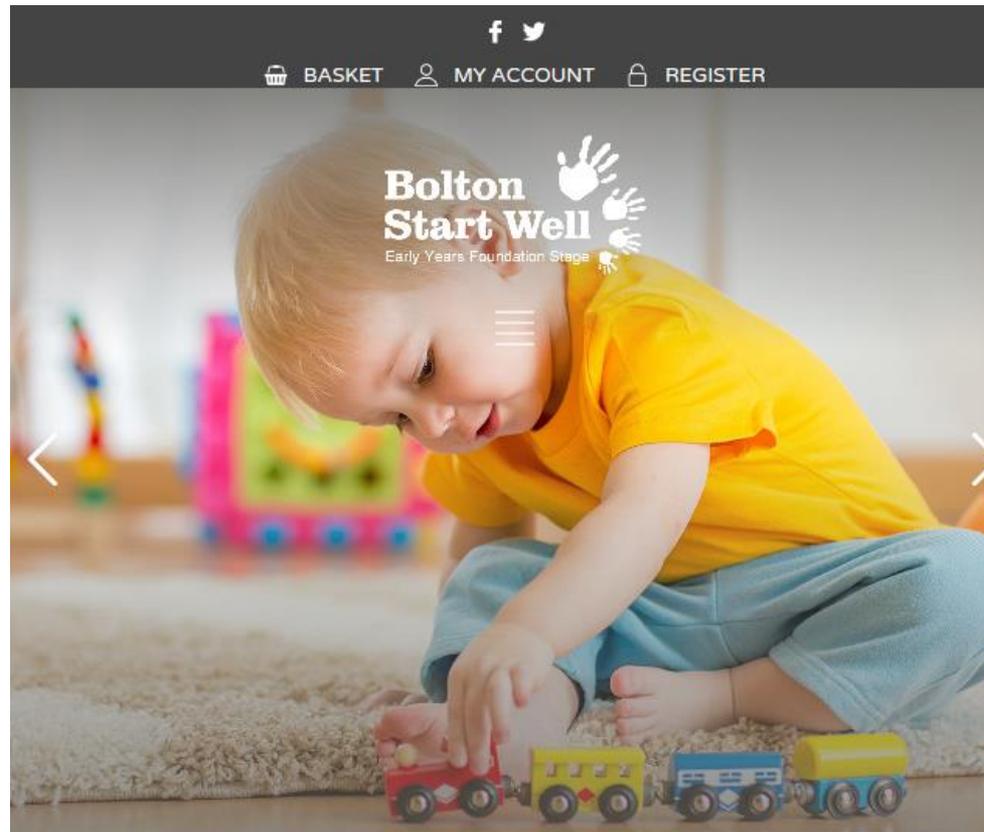
**Bolton Start Well**



- How are you using your skills to influence parental knowledge and understanding?
- How are you influencing parent child interaction skills at home?

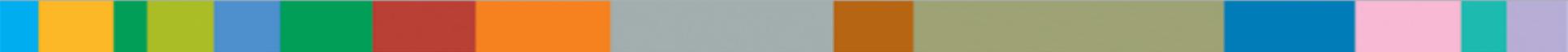


# Visit us on the Start Well Website



## Opening Hours

Mon - Fri	9am-5pm
Saturday	Closed
Sunday	Closed



# Next Communication Champion Briefing:

10<sup>th</sup> June 2020

4.15-5.15pm and 6.30-7.30pm

# Thank you

For more information contact:

**Start Well Communication and Language  
Development Team**

**01204 338349/ 338149**

**To book on training e-mail  
[startwellbookings@bolton.gov.uk](mailto:startwellbookings@bolton.gov.uk)**