

# The Solihull Approach Training

A 2-day training course designed around the Solihull Approach model which aims to increase emotional health and wellbeing in the early years.

Week 1: Friday 17<sup>th</sup> January 2020

Week 2: Friday 31<sup>st</sup> January 2020

Time: 9:30am – 4:30pm

Venue: Harvey Centre

**Price: No cost to Bolton early years providers**

A 'Solihull Approach Resource Pack – The First Five Years' will be allocated on the day of attendance to settings that do not already have a copy according to Bolton Start Well records. One per setting, Bolton early years providers only.



# The Solihull Approach Training

## Description

This course will introduce practitioners to the Solihull Approach model as applied to working with babies, young children and their families in an early years setting and will link to the Early Years Foundation Stage (EYFS).

## Resource

The First Five Years, Solihull Approach Resource Pack will be allocated to settings that do not already have a copy according to Bolton Start Well records.

This resource pack has a comprehensive set of handouts for parents, on various issues in the first five years: sleeping; weaning; toileting; playing; emotional and physical development.

The resource pack includes photocopiable handouts for parents.

## What will I learn?

At the end of this course, we will be able to:

- Understand how to put the theory into practice;
- Identify how the Solihull Approach model supports the EYFS and how they link together; and
- Know how the Solihull Approach model can add to the understanding of the EYFS.

**Delivered by: Bolton Start Well Service**

## Who is this workshop for?

The Solihull Approach training is designed for any practitioner working with babies and young children in an early years setting such as a nursery or primary school.

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This workshop and supporting resources are **fully funded** for the Bolton early years provider only.

## Booking Arrangements

For a place on this training, please book via our website [www.BoltonStartWell.org.uk/courses](http://www.BoltonStartWell.org.uk/courses). E-mail: [StartWellBookings@bolton.gov.uk](mailto:StartWellBookings@bolton.gov.uk) if you require assistance when booking online.

## Commitments and Cancellations

In order to maintain best value, we need to run training on a maximum occupancy basis. If your place is confirmed but you are unable to attend, please send an alternative representative or cancel your place in writing by e-mailing: [StartWellBookings@bolton.gov.uk](mailto:StartWellBookings@bolton.gov.uk) with a minimum of 24 hours' notice.

## Disclaimer

If for any reason we have to cancel or postpone training, we will notify all delegates booked onto the course as quickly as possible.

