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| --- | --- |
| **Name of Observer:** |  |
| **Name of Service:** |  |
| **Date:** |  |
| **Activity been observed:** |  |

*1: This is clearly happening for each autistic person with no observed need for improvement*

*2: Happening but there are some specific things that could be done better- perhaps missed opportunities, a need for greater personalisation, inconsistencies or scope for improvement.*

*3: Happening or to a limited extent or not at all. Clear missed opportunities, inconsistencies and things that need to be done better*

*Leave blank if not applicable to this observation.*

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| Differences in Social Communication | 1 | 2 | 3 |
| Staff make themselves understood for example by simplifying or structuring verbal language and providing visual cues. |  |  |  |
| Autistic people can make themselves understood for example by access to augmentative or alternative communication systems; communication tools; writing frames etc. |  |  |  |
| Autistic people are provided with opportunity and purpose to interact with staff, with each other and where appropriate members of public. |  |  |  |
| Self-Reliance and Problem Solving | 1 | 2 | 3 |
| Autistic people can work out what they must do now and what they are expected to do next e.g. visual schedules; to do checklists etc. |  |  |  |
| Autistic people are supported to do things by themselves rather than constantly wait to be told by a member of staff. |  |  |  |
| Autistic people develop skills and confidence in expressing opinion, making decisions and taking decisions. |  |  |  |
| Sensory Issues | 1 | 2 | 3 |
| Autistic people access sensory activities which they find enjoyable or relaxing. |  |  |  |
| Autistic people tolerate a range of sensory experiences within a safe and secure context. |  |  |  |
| Autistic people are supported to regulate sensory experiences which interfere with what they are trying to do or cause them discomfort e.g. ear defenders; request for time out; work stations; low arousal approaches etc. |  |  |  |
| Emotional Well-being | 1 | 2 | 3 |
| Autistic people present as happy, relaxed and content. Signs of anxiety and distress are either not observed or are addressed in ways which prevent them escalating. |  |  |  |
| Autistic people experience a sense of completion and achievement. |  |  |  |
| Autistic people are supported to understand and regulate their emotions. |  |  |  |
| Relationships between autistic people and staff are purposeful and positive. |  |  |  |
| Physical restraint is either not observed or only employed as a last resort with minimal force. |  |  |  |