

Dad Matters Workshop for professionals - Engaging Dads in the Perinatal Period

Dads and male parent carers play a vital role in the development, wellbeing and safety of children. However, many services find it challenging to effectively engage fathers during pregnancy and the early stages of parenthood.

This interactive workshop, delivered by **Dad Matters (Home-Start HOST)**, explores the importance of father engagement and provides practical ideas to support professionals to engage dads more effectively in their work.

What the workshop will cover

- Why father engagement matters for children and families
 - The benefits of engaging dads from a wellbeing and safeguarding perspective
 - Barrier's professionals may experience when engaging fathers
 - Practical approaches to improving engagement with dads
 - The support offered by **Dad Matters** and how to refer dads for support
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Who should attend?

This workshop is suitable for **professionals working with families during the perinatal period (conception to 2 years old)**, including:

- Midwives • Health Visitors • Family Hub staff • Early Help practitioners • Voluntary sector practitioners
- Anyone supporting families during pregnancy and early infancy
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Workshop Dates & Booking Links

Date	Time	Booking Link
31/03/2026	10am-11:30am	DM Workshop – March
23/04/2026	10am-11:30am	DM Workshop – April
18/05/2026	1pm-2:30pm	DM Workshop – May
08/06/2026	10am-11:30am	DM Workshop - June

- 📍 **Delivered online via Microsoft Teams**
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Once registered, you will receive the Teams joining link before the session.

About Dad Matters

Dad Matters is a **Home-Start HOST project** providing peer support for dads and male parent carers during the perinatal period. The service supports dads experiencing low to moderate challenges and aims to strengthen parent–infant relationships and family wellbeing.

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