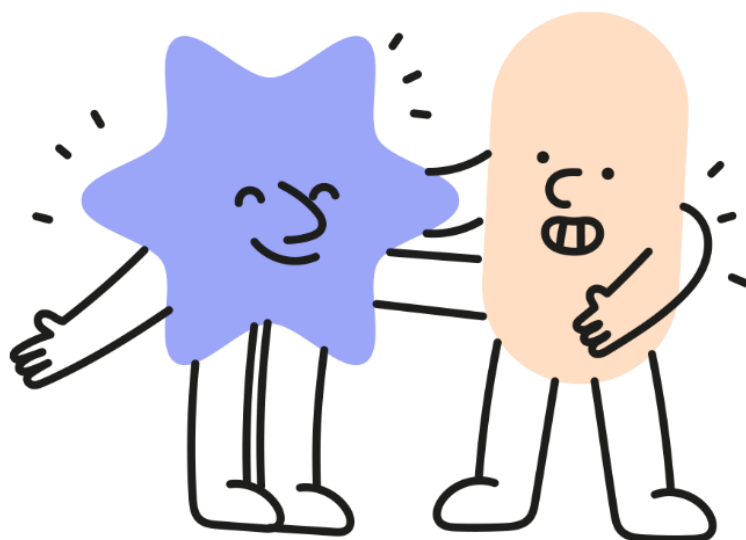




**Bolton
Family Hubs
Network**

September 2025

WORKFORCE NEWSLETTER

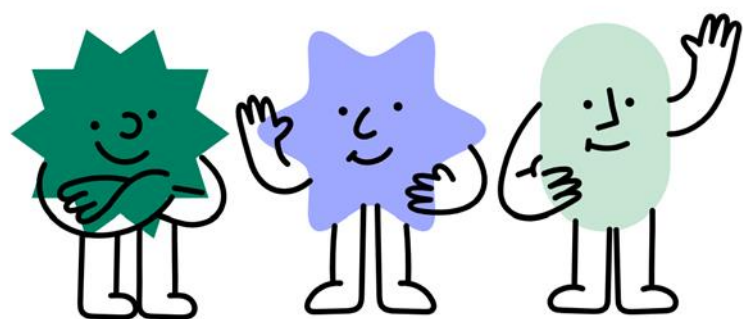


Your guide to what's happening in Bolton Family Hubs
and across the wider network, as well as updates on
useful resources and training opportunities



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BRANDING & COMMS

Family Hub Guide to Services and Activities



Please share the latest edition of the Family Hubs Guide with colleagues, friends, and family. The guide covers free activity and services available across Bolton. Families can collect a printed guide from a Family Hub or library whilst stocks last or they can download a copy online: [Family Hubs Guide to Services and Activities for Families in Bolton](https://www.boltonfamilyhubs.org.uk). Look out for our autumn term guide, this will be available from the beginning of September! (the link above will update to the new edition automatically).

Family Hubs offer a wide range of activities and integrated support services to help families with every aspect of parenting for children of all ages.

Find out what's on in Family Hubs, libraries, and other venues across the borough.

For more information about Bolton Family Hubs visit us online at www.boltonfamilyhubs.org.uk

The Family Hubs Network Bite session



The Family Hubs Network Bite session is available to watch on the council's website by clicking on the link here: [Bolton Family Hubs](https://www.boltonfamilyhubs.org.uk) alternatively scan the QR code.

Please share the link or use in your team meetings / training as it details the resources that the Family Hubs can provide to you and the families you work with.

Family Hubs Welcome video



We are excited to share a brand-new promotional video that offers families a welcoming glimpse into what they can expect when visiting a Family Hub. The video is available with subtitles and British Sign Language (BSL) interpretation to ensure it's accessible to everyone.

Click on the links to take a look and see how Family Hubs support families in your community.

[Bolton Family Hubs - video](#)

[Bolton Family Hubs - video with BSL](#)

[Bolton Family Hubs - video with subtitles](#)

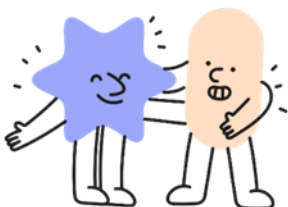
Welcoming new Family Hub Practitioners to the team!

We would like to officially welcome Timea, Lauren, Nazia to the Family Hub Practitioner team! Timea started at the end of April and is delivering at Bright Meadows Family Hub covering Brightmet. Lauren and Nazia both started in July and Lauren is covering Farnworth and Oxford Grove Family Hub, and Nazia is covering Alexandra Family Hub.

Timea has settled into the role quickly and it has been lovely to see her establishing bonds with the families at Bright Meadows, she has positive attitude and approach to all aspects of the role which is fantastic! Both Lauren and Nazia have joined at a busy time during the summer holidays, and it has been wonderful to see how enthusiastic they are and how well they've integrated with the team and got stuck in with events and sessions while getting to grips with the role.

The wider Family Hub Practitioner team have been brilliant in welcoming our new team members and supporting them to understand the ins and outs of the role while keeping high quality of service for the parents/carers and their children that enjoy using Family Hubs and coming to our sessions.

If you would like to get in touch with anyone in the team, please see our updated team contact sheet which says which Family Hubs and areas the team cover.



FAMILY HUB PRACTITIONER (FHP) TEAM

SENIOR FAMILY HUB PRACTITIONERS:

- Hannah Brown Hannah.brown@bolton.gov.uk 07379077050
- Lizzie Simister Elizabeth.simister@bolton.gov.uk 07746535284 (T,W,T)



ALEXANDRA FAMILY HUB (Plus covering Westhoughton area)

- Nazia Khan Nazia.khan3@bolton.gov.uk 07386967376
- Dawn Jemmett Dawn.jemmett@bolton.gov.uk 07379077041



BRIGHT MEADOWS FAMILY HUB

- Timea Kabdebon Timea.kabdebon@bolton.gov.uk 07379077153



FARNWORTH FAMILY HUB (Plus covering Kearsley area)

- Katie Campbell katie.campbell@bolton.gov.uk 07386967414 (T,W,T,F)



GREAT LEVER FAMILY HUB

- Fazila Lasania fazila.lasania@bolton.gov.uk 07435879034 (M,T,W)

HARVEY START WELL CENTRE

- Bemgba Ichull Bemgba.ichull@bolton.gov.uk 07386967382



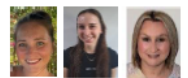
OLDHAMS START WELL CENTRE

- Janet Skinner Janet.skinner@bolton.gov.uk 07350416929 (T,W,T,F)



OXFORD GROVE FAMILY HUB (Plus Horwich & Blackrod areas)

- Katie Worsley Katie.worsley@bolton.gov.uk 07386967388 (M,T,W)
- Lauren Hesketh Lauren.Hesketh@bolton.gov.uk 07379007146
- Leanna Brown Leanna.brown@bolton.gov.uk 07379077047



TONGE FAMILY HUB

- Tina Mather Tina.mather@bolton.gov.uk 07379077191



The UK Government has introduced the new Best Start in Life visual identity (includes logos for use across the early years sector) and a Parent Hub (a new website for families).



The UK Government has introduced the new Best Start in Life visual identity (includes logos for use across the early years sector) and Parent Hub a new website on everything from pregnancy to education and childcare, through school and beyond. You will begin to see this 'new identity' with immediate effect (September 2025 onwards) as it has now replaced other existing brands such as:

- Childcare Choices
- Start for Life
- Better Health Start for Life
- Previous Breakfast Club logos
- Little Moments Together (formerly Hungry Little Minds)

What is Best Start in Life?

'Giving every child the best start in life' is the government's strategy for improving child health and development and meeting the ambition that 75% of 5-year-olds in England have a good level of development by 2028, as set out in the Plan for Change.

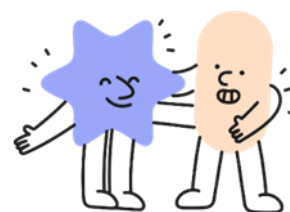
This will be achieved by:

- Improving family services, providing high quality support to parents and children from pregnancy to age 5 and beyond
- Making it easier and cheaper for families to access. early education, childcare, health advice and support on the journey of being a parent.
- Improving the quality of education and care that children receive in early years settings, with childminders and when they start school.

'Best Start in Life' not only encapsulates the strategy, but is also a new cross-government and cross-sector brand that will act as a wrapper and be used to frame all services, offers and support that aim to break down barriers to opportunity, improve health outcomes and drive up the numbers of children reaching a good level of development. While many of these will be focused on the early years, this new brand will bring together wider offers for children and parents to deliver on the ambition in its broadest sense, supporting families on their journey from pregnancy through to their child starting school and beyond.

New logos (and toolkit for use) have been created for use alongside your own organisational logo:

- Settings (including PVLs/Childminders) providing government funded childcare offers and Best Start in Life services:
 - Breakfast Clubs
 - School-based nurseries

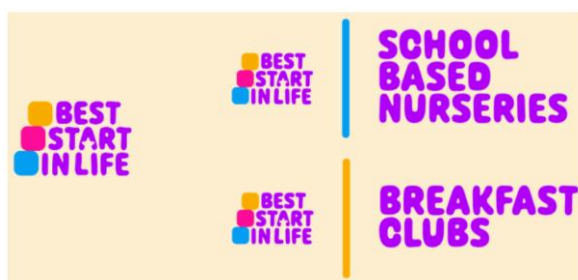


Schools and other partners delivering more than one offer should not combine these logo variants. If both offers are being promoted, use the main Best Start in Life logo with a descriptor such as: "We provide a government funded Breakfast club and school based nursery as part of Best Start in Life". If just one of the offers is being promoted, the relevant logo variant should be used.

PVI education and childcare providers, including childminders offering government funded childcare hours, can use the logo with the phrase: "This nursery/childminder provides government funded childcare as part of Best Start in Life".

Wherever possible, partners and stakeholders should start using the new brand in their own communications as soon as possible and phase out the legacy brands (Childcare Choices etc). It is noted, the government fully understand that updates to communications materials and signage take times, so this should be done as and when updates are being made to reduce additional costs.

To begin using the logos from today, download the logos and the branding / user toolkit here: [Best Start in Life | Campaigns | Campaign Resource Centre](#)



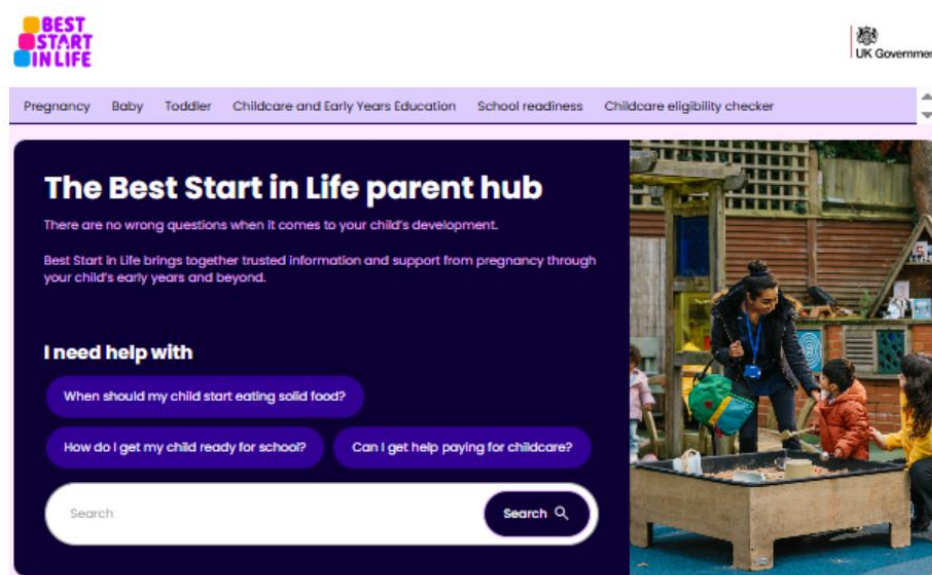
New Best Start in Life Parent Hub

The new Best Start in Life parent hub brings together information, trusted advice and guidance for parents on everything from pregnancy, early education and childcare, right through to starting school and beyond.

Parents can also access a variety of helpful features on the hub, including an eligibility checker to determine what childcare support they might qualify for, a link to the Breakfast Clubs map checker to find if their child's school offers free Breakfast Clubs, and a link to the Family Hubs checker to find their local Family Hub.

Don't worry - families that continue to search for Childcare Choices or Better Health Start for Life online will be re-directed to the new Best Start for Life website.

The hub is now live (launched 1st September). We encourage you to actively signpost parents to the hub as part of your communications and engagement with them. By doing so, you will help ensure that as many families as possible can easily access the support and guidance they need, giving their children the best start in life: www.beststartinlife.gov.uk.



Launch of government awareness campaign

From October 2025, the government will launch a new campaign to raise awareness and drive take up of all Best Start in Life services, policy offers and settings. Bringing together previous campaign activity under Childcare Choices and Better Health Start for Life under the new joined up brand, the campaign will signpost parents to a new website (beststartinlife.gov.uk) that will bring together all relevant information and advice to make it easier for them to get the most out of what is on offer and be signposted to relevant support.

Bolton Start Well, Bolton Family Hubs and Bolton Families Information Service will share the campaign information via our own social pages and groups - please look out for these and share with your families.

Published: 1st September 2025

EARLY YEARS UPDATES



Help children start Reception with Confidence

The support you give children in your educational setting, alongside the activities parents do with them at home, make a big difference in helping children get ready for Reception.

Please share the [Starting Reception Website](#) with your parents via your usual communication channels. The website has friendly, flexible ideas to help support children as they grow, play, and explore new skills.

In addition visit BBC CBeebies Parenting (formerly known as BBC Tiny Happy People) for more free resources to support skills for starting school. [BBC CBeebies Parenting / Tiny Happy People](#).

From introducing the potty and toilet independence to language learning, there is a lot of great information available, and it's free to share and download. ['Skills for Starting School'](#).



Protecting against measles in early years settings

The Department for Education and the UK Health Security Agency (UKHSA) have become aware some early years settings are attempting to protect children from measles through 'COVID-style' cleaning.

While cleaning is good practice, it does not offer effective protection from measles. The MMR vaccine is the safest and most effective way to protect children and staff against measles, mumps, and rubella.

You can help by encouraging parents and carers to take up the offer of vaccines for their children when they are due. Where there are suspected cases of measles in education settings, you should [notify your local health protection team \(HPT\)](#).

Useful links:

- Guidance for education settings is available here: [Health protection in children and young people settings, including education - GOV.UK](#)
- For more information on measles and vaccines please see this blog from UKHSA: [What is measles?](#)

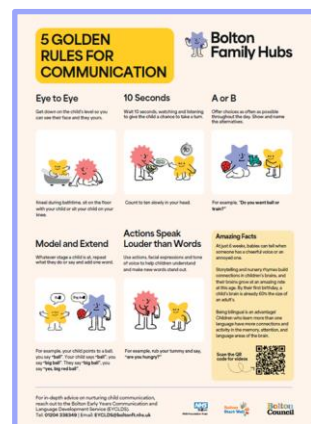
This toolkit contains materials and resources settings may wish to share with parents or carers: [Measles - Google Drive](#)

Supporting Early Language and Home Learning Environment

For over 10 years the 5 Golden Rules for Communication have been a key resource to support communication and language.

The Golden Rules posters and z-cards for parents have been re-branded inline with the family hubs brand. The 5 rules remain the same as we know they are tried and tested strategies that if parents and practitioners use consistently make a difference to children's early language. Download copies here [Learning and Development – Bolton Start Well](#)

More recently we have added to the 5 Golden Rules Resources by creating some short videos. The videos can be found on the [Bolton Council You Tube Channel](#). The short videos explain each of the golden rules and give examples of how adults can use them.



From September 2025 a new training session for everyone who works with 0-5's, ***'Everyday Communication: The 5 Golden Rules in Action'*** will be available to further support the embedding of the golden rules.

If you or a member of your team would like to find out more about the 5 Golden Rules for Communication and how these can be used to support children's speech, language and communication. Follow the link to book a place on the Everyday Communication: The 5 Golden Rules in Action training and find out more about all the courses available to support Communication & Language

[Communication & Language Courses – Bolton Start Well](#)



Supporting Early Language and Home Learning Environment

Making it REAL in Bolton!



During the summer we have hosted eight REAL events across of the Family Hubs, these exciting events were all themed around Books with activities based on the twelve Start Well stories with our character Bear making a surprise appearance at each!

Families enjoyed learning different ideas for how to create engaging low cost, no cost activities at home that help to support their child's communication and language development. An example of a couple of the activity's families enjoyed on the day, were Gruffalo Crumble, made from oats and crushed Weetabix! And Weather bottles, made from coloured rice, soil and cotton wool!

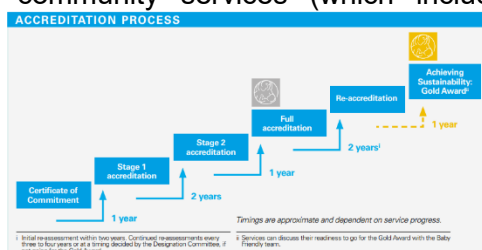


INFANT FEEDING



Bolton Family Hubs are working towards achieving UNICEF Baby Friendly Initiative (BFI) Accreditation, which will help us demonstrate how well we support families with feeding and developing close and loving relationships.

BFI accreditation is achieved over a series of stages and involves demonstrating the achievement of set standards. There are different standards for maternity, neonatal, and community services (which includes Family Hubs).



For more information about the BFI standards and accreditation process, visit:

<https://www.unicef.org.uk/babyfriendly/wp-content/uploads/sites/2/2014/02/Guide-to-the-Unicef-UK-Baby-Friendly-Initiative-Standards.pdf>

Our progress so far:

- We are in the process of gaining the Certificate of Commitment and are working towards going for Stage 1 accreditation in January 2026
- We have developed an Infant Feeding Policy which is going through the final stages of ratification so should be ready for us to cascade to staff from October 2025 onwards
- We have worked to ensure the Family Hubs are breastfeeding friendly by creating and introducing breastfeeding friendly posters, ensuring quiet spaces for feeding are available if required, and information on infant feeding services are available (see the Family Hub Guide Infant Feeding pages for more info). We have completed BFI environment audits every 6 months to ensure our venues are compliant with The Code
- We have established an infant feeding training programme to ensure all staff working with pregnant women, children, young people and their families that are based in and/or delivering in Bolton Family Hubs attend initial infant feeding training at a level appropriate to their role. So far, 126 staff have attended initial training and we have further dates available for Sept – Nov (see below).
- Staff who have attended initial training at levels 1, 2 and 3 will need to attend annual update session. We have dates available for level 1 and 2 update training in Nov-Dec (see below).
- We are required to audit samples of staff from different roles that have attended training to check their understanding of the standards and identify areas that may need highlighting in the update training. So far, we have audited 19 members of staff.

OVERVIEW OF THE STANDARDS

Stage 1: Building a firm foundation

1. Have written policies and guidelines to support the standards.
2. Plan an education programme that will allow staff to implement the standards according to their role.
3. Have processes for implementing, auditing and evaluating the standards.
4. Ensure that there is no promotion of breastmilk substitutes, bottles, teats or dummies in any part of the facility or by any of the staff.

Stage 2: An educated workforce

Educate staff to implement the standards according to their role and the service provided.

Stage 3: Parents' experiences of...

Maternity services

1. Support those who are pregnant to recognise the importance of breastfeeding and early relationships for the health and wellbeing of their baby.
2. Support all mothers and babies to initiate a close relationship and feeding soon after birth.
3. Enable mothers to get breastfeeding off to a good start.
4. Support mothers to make informed decisions regarding the introduction of food or fluids other than breastmilk.
5. Support parents to have a close and loving relationship with their baby.

Community services

1. Support those who are pregnant to understand the evidence for breastfeeding and early relationships and their influence on the health and wellbeing of them and their baby.
2. Protect and support breastfeeding in all aspects of the service and enable mothers to continue breastfeeding for as long as they wish.
3. Support parents to make informed decisions regarding the introduction of food or fluids other than breastmilk.
4. Support parents to have a close and loving relationship with their baby.

Neonatal units

1. Support parents to have a close and loving relationship with their baby.
2. Enable babies to receive breastmilk and to breastfeed when possible.
3. Value parents as partners in care.

Hospital-based children's services

1. Enable babies to continue to breastfeed and/or receive breastmilk when possible.
2. Implement evidence-based practices related to giving foods or fluids other than breastmilk.
3. Support close and loving relationships and value parents as partners in care.

Re-accreditation

Embed all of the standards to support excellent practice for babies, mothers, parents and families.

Achieving Sustainability (Gold)

Provide the leadership, culture and monitoring required to maintain/progress the standards over time.

INFANT FEEDING



Infant Feeding Training programme:

Managers Training

For team leaders/service managers and senior leadership roles who require an understanding of the policy, standards and their role in supporting BFI accreditation.

Day	Date	Time	Venue
Monday	22/9/25	10am-12pm	SR2, Education Centre, Bolton Hospital
Thursday	23/10/25	9am-11am	Tonge Family Hub - Large community room

Level 1: Initial training

For staff/volunteers who come into contact with families with 0-19s but don't directly work with them (or only support 5yrs+) e.g. Admin, centre assistants, play & youth, consultants

Day	Date	Time	Venue
Monday	15/9/25	12-2.30pm	Harvey Family Hub – Community room
Wednesday	1/10/25	1-3.30pm	Harvey Family Hub – Community room
Tuesday	4/11/25	10am-12.30pm	Harvey Family Hub – Community room

Level 2: Initial training (1 x full day)

For staff/volunteers who work directly with children, young people and their families (especially 0-5's) but do not have specific responsibility for supporting breastfeeding.

Day	Date	Time	Venue
Thursday	11/9/25	9.30am-4pm	Harvey Family Hub – Community room
Monday	10/11/25	9.30am-4pm	Harvey Family Hub – Community room

Level 2: Initial training (2 x half days – must attend both dates)

For staff/volunteers who work directly with children, young people and their families (especially 0-5's) but do not have specific responsibility for supporting breastfeeding.

Day	Date	Time	Venue
Tuesday	14/10/25	9.30-12.30pm	Harvey Family Hub – Community room
Tuesday	21/10/25	9.30-12.30pm	Harvey Family Hub – Community room

Level 1: Update training

For staff/volunteers who come into contact with families with 0-19s but don't directly work with them (or only support 5yrs+) e.g. Admin, centre assistants, play & youth, consultants

Day	Date	Time	Venue
Monday	1/12/25	10.30-11.30am	Harvey Family Hub – Community room
Thursday	11/12/25	10.30-11.30am	Harvey Family Hub – Community room

Level 2: Update training

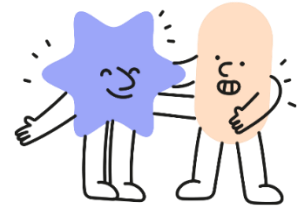
For staff/volunteers who work directly with children, young people and their families (especially 0-5's) but do not have specific responsibility for supporting breastfeeding.

Day	Date	Time	Venue
Tuesday	25/11/25	9.30-12pm	Tonge Family Hub – Community room
Thursday	4/12/25	9.30-12pm	Harvey Family Hub – Community room

To book your place please email: infantfeedingtraining@boltonft.nhs.uk

Please provide us with the following information: *Which level of training and the date/time you would like to book, your name, your email, service/team, your role*

SPOTLIGHT ON COLLABORATIVE WORKING



Family Hub Practitioners have attended almost all the HAF park events alongside delivering sessions in the Family Hubs. Throughout the five weeks of summer we attended Westhoughton, Moss Bank and Queens Park, during these events, we provided activities for families with children aged 0-5yrs.

These events have offered a fantastic opportunity to engage with families and inform them about the wonderful variety of free activities taking place in Family Hubs and our external sites. The events have also allowed us to engage and share with families key messages, such as our 5 Golden Rules!

We would like to take this opportunity to thank the HAF team for all their support, we really appreciate it, and we love having the opportunity to be a part of these wonderful events!

Family Help Service

Family Help have moved into more of the Family Hubs. Family Help team one are now based in Bright Meadows, Team two in Oxford Grove and Team three are now based in Great Lever Family Hub. Our youth provision continues to be based at King Street Family Hub in Farnworth. We look forward to strengthening our relationships with our partners and families.

Bolton

Together

**BOLTON TOGETHER ARE THE
CHILDREN, YOUNG PEOPLE, AND FAMILIES'
CONSORTIUM FOR BOLTON, AND A KEY
PARTNER IN THE FAMILY HUB NETWORK**

We work with our VCSE providers to deliver IThrive, HAF, Youth Work, Parent Peer Support, Early Years services and more. Check out our website to read reports, explore and learn more:

<https://bolton-together.org.uk/>

If you have any questions or simply want to get to know us better, you can also get in touch at

Louise.Mcdade@BoltonTogether.Org.Uk



Check it out: <https://www.boltonstartwell.org.uk/downloads/file/732/bolton-start-well-family-hubs-programme>

Bolton Together - Children & Young People's Voluntary & Community Sector Consortium for Bolton
Registered Charity in England and Wales (1163466) | Company Limited by Guarantee (08730010)

Just a few highlights from the April to June Quarter:

- 589 families attended Stay and Play sessions delivered across Family Hubs, Start Well Centres, and community venues through 27 weekly sessions.
- 100% of parents reported improved outcomes.
- 2,308 support interactions via phone, text, and live chat reflecting sustained, accessible support for parents beyond in-person sessions for their breastfeeding needs.
- 100% of parents supported by the Diversity Coordinator achieved their goals and goal ratings improved from 3.7 to 7.8 out of 10 within 10 weeks covering language, confidence, childcare, and routines.
- Male engagement sessions successfully increased attendance with themed sessions (e.g. construction, outdoor craft) and Friday scheduling bringing in Dads who hadn't previously attended.
- A new Dads Initiative has been successful in receiving funding from Bolton Together and will begin delivery in September.
- The Solihull Approach in person Parenting Groups have an 86% completion rate. To find out more and book a place: <https://familiestogether.org.uk/the-solihull-approach/groups/>

Thank you to our providers, our members, partners and commissioners for supporting and delivering this essential work for children and families.

"The support I received was consistent and reliable, you were always there for us, it has helped me to trust people. It has helped my son become more sociable and we both have grown in confidence together, I know there are places we can go where we feel comfortable. I feel more confident in my ability to be a parent and my confidence has grown. My mental health has improved by having someone to talk to and I am able to do more things with the children. I will miss the service so much, I wish you could stay longer, I can't thank you enough"
(Home-Start HOST)

Read our latest report and find out more: <https://bolton-together.org.uk/early-years/>



The Small Moments That Create Big Change

Profile - Katrina Fletcher - The Bolton Together Programme Manager for Children, Young People and Families

Written by Louise McDade

Katrina's two teenagers and their dog Max, live in Little Lever, Bolton. Through interviewing Katrina for this profile it became clear how having faith in people and providing seemingly small opportunities can lead to life changing moments. All the families we support through Family Hubs have their own stories, we can all be the small moments that create big change! Here's Katrina's story.....

Small Moment #1

Katrina's interest in reading was instilled from an early age by her Stepdad who had many books in the house and encouraged reading. This sparked Katrina's interest in learning and being open to new ideas and developments which would later lead her to complete an Open University Diploma, a degree and MA at Bolton University.

After leaving school at 16 with no qualifications and moving in with her partner, Katrina struggled to afford the bills especially after work roles didn't work out and her mental health suffered. The relationship ended and Katrina became homeless, spending some time on the streets, sofa surfing and then finding a room at a hostel. Katrina didn't have the option to go home after experiencing a challenging childhood and being thrown out of her family home.

Small Moment #2

As part of staying at the hostel Katrina was required to attend the Princes Trust where she received money skills training and got to try new experiences which she thrived in. The Youth Workers believed in her and this made a big difference.

"This was an excellent experience which changed my life and led me to want to do what I am doing today to pay it forward."

Katrina was eventually given a Council Flat and got back with her partner becoming pregnant at 19. Katrina thought the only life open to her was to be a mother and a partner. This is what she had been surrounded with growing up. At 26 Katrina was living in private rented housing with her partner, was a stay-at-home Mum to a one-year-old and a four-year-old and finishing her distance learning diploma. At this time, her Stepdad died and a few months later her 10-year relationship broke down and Katrina became a grieving single Mum. Katrina also had post-natal depression and found herself isolated with no income, and no support network.

Small Moment #3

Looking for something to do for herself on the Friday nights when her children visited their Dad, Katrina decided to visit the Theatre for the first time to see Twelfth Night at the Octagon. Living back in social housing after being unable to afford the private rented home enabled Katrina to access a £5 ticket offer for Bolton at Home residents. Despite feeling like she may be asked to leave as she didn't think she belonged, after the show, Katrina left the Theatre buzzing. She saw a poster for a Volunteer role which led to her volunteering for 2 years. This and the difference she could see theatre and drama workshops making to young people, led her to complete a degree at Bolton University in Applied Theatre Studies – Theatre for social change.

Small Moment #4

The volunteering led to paid sessional work at the Theatre which led to a secondment at Bolton CVS in the Community Navigator role. When this ended, due to funding, other roles included working for MHIST and planning and overseeing a child criminal exploitation project, delivering workshops across 7 Greater Manchester schools.

Small Moment #5

Whilst working at Salford CVS as part of The Family Hub Delivery, funding became uncertain and Katrina saw a Facebook post about a new role at Bolton Together. The role was in Bolton with flexibility to work at home, to be able to do a meaningful role whilst still being there for her two children. Katrina now has some financial security which she doesn't take for granted as she has experienced the real challenges of struggling and values the 'luxury' of small privileges, like taking the kids out for small treats.

"I am passionate about VCSE and the ability to change lives. They are one of us – lived experience – not a clinical formulaic approach, a community relationship thing. You feel seen – I want people to know you can thrive and be happy"

"I am very happy in the role, with so many opportunities and support for growth into a more senior role, which I am grabbing with both hands."

Katrina's story illustrates the impact of the small moments, the youth worker who says you can do it, the theatre that offers reduced price tickets, the volunteering opportunity and the chance to work for an organisation that supports its members to make ripples of change every day. Every contribution to support a person, is never too small – they add up to a person's whole life.

The Bolton Together offer is evidence based and of a high quality. Our providers have a warm approach and whatever a child or parent needs they will do everything they can to support them.

Katrina's role oversees the Bolton Together Early Years Delivery, facilitating partnership working, connecting providers to growth and learning opportunities and supporting them to deliver high quality services and activities in line with their aspirations to achieve the best outcomes for Bolton's families.

"Our VCSE providers are essential partners in achieving the best outcomes for children and families – I want them to be seen for the skill and value that they have!"

Small Moment #6

Watch this space – Katrina's story has much more to come we look forward to being part of the future moments being created every day.

To find out more about Bolton Together you can get in touch with Louise.McDade@boltontogogether.org.uk or take a look at our website <https://Bolton-together/.org.uk/early-years/>

Bolton Together

PARTNER UPDATES



Healthy start is a benefits scheme aimed at families on low incomes with young children, allowing access to healthy food, milk and vitamins. The scheme is under-subscribed by eligible families across the Bolton borough. Public Health Bolton are raising awareness of the scheme across partners and agencies, where eligible families can claim up to £1200 per child from pregnancy to their 4th birthday. Expectant mothers claim £8.50 per week from 10 weeks pregnant until the child's 1st birthday then £4.25 per week per child under the age of 4 until the child's 4th birthday, or while they are eligible to claim for the benefit due to their income. This benefit is paid onto a prepaid Mastercard to buy fresh and frozen fruit & vegetables, infant formula, cow's milk and tinned pulses. The card can be used at any retailer who accepts Mastercard payments.

Within the scheme there is also a vitamin element where an expectant mother receives free vitamin C, D and folic acid, babies and young children receive Vitamin A, C & D.

For more information or to apply for the benefit with a service user the following link will give eligibility rules, allow an application and give useful on the scheme <https://www.healthystart.nhs.uk/how-to-apply/>

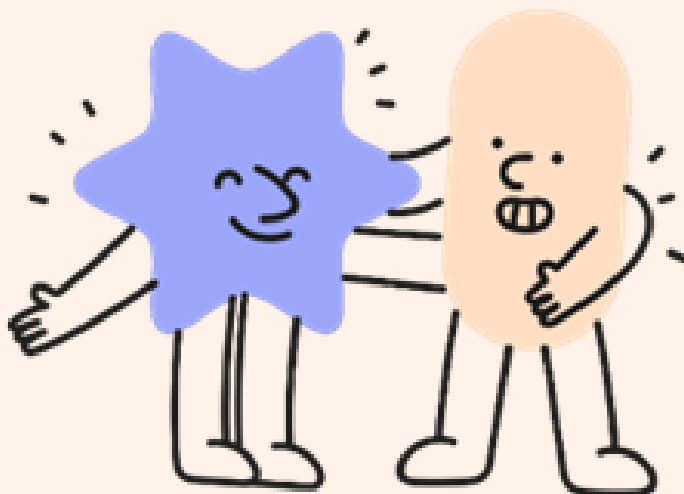
Neil Hart Public Health Facilitator - Neil.hart@bolton.gov.uk will be able to support any staff member to complete an application and provide further information around the scheme if you require further support.

Bolton's Money Skills Service offer free impartial money guidance to people who live, work or study in Bolton.

We can confidentially help with a range of issues including high energy costs, budgeting guidance and dealing with debts.

Our team consist of development workers to help improve our service user's skills and qualified debt advisors who can advise on a range of debts and arrears.

A yellow flyer with a pink header and footer. The header contains the text 'Bolton Council's Money Skills Service offer a range of FREE and impartial services to Bolton residents who may be struggling in these difficult times:' and the 'Bolton's money skills service' logo. The main body has two circular callouts. The left one is pink and titled 'Money Advice 01204 33 1965/2916', listing services like debt advice, rent/mortgage, council tax, energy bills, and credit card bills. The right one is white with a pink border and titled 'Money Skills 01204 331983/1968', listing services like budgeting, making ends meet, and energy efficiency advice. A small grey circle at the bottom left says 'On average we save customers £200 a year!'. The footer contains the email addresses 'moneyadvice@bolton.gov.uk' and 'moneyskills@bolton.gov.uk' and the 'Bolton Council' logo.



FEEDBACK AND SUGGESTIONS

Please let us know your feedback regarding the content of this newsletter and whether you have found the information useful. We would also welcome any suggestions for future editions.

Please email fhworkforcenewsletter@bolton.gov.uk if you would like to be added to the newsletter distribution list.