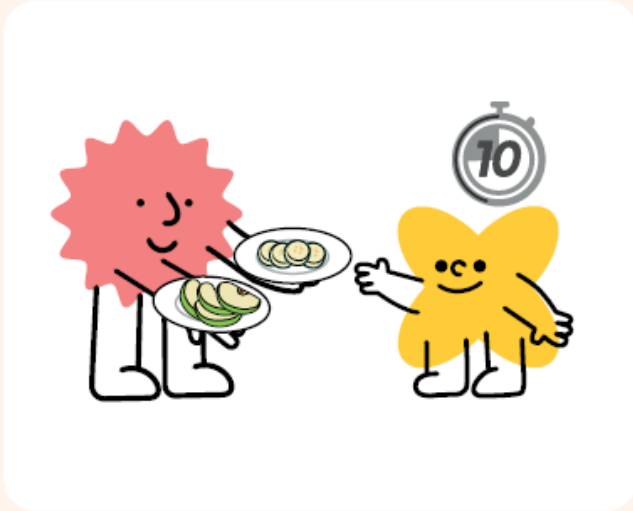


Communication and Language Top Tips:  
**10 Seconds**

Wait 10 seconds, watching and listening to give your child a chance to take a turn.



Count to ten slowly in your head.

**Watch, wait, and listen**



1. Repeat back to your little one, what they are doing.
2. Allow your child ten seconds to respond.
3. Make it playful.

Scan QR code or click the link to see the video:  
[youtube.com/watch?v=lf-oogampck](https://www.youtube.com/watch?v=lf-oogampck)

**Ten seconds**



- Pause
- Wait
- Count to ten

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## Did you know...

Waiting 10 seconds gives your child time to process and respond.

Giving them time to respond allows your child to think and answer for themselves.

Children need time to create a thought process; not allowing them enough time to respond can make this difficult for them.

Children need time to process what adults are saying or asking them.

### Wait 10 seconds when:

- Giving instructions
- Offering choices
- Modelling new words
- Commenting on their play



## Conversations



- Babies can learn back-and-forth conversational patterns.
- Encourage this by giving your baby time to respond to you.
- Listen to the noises they make during play and react to them.

Scan QR code or click the link to see the video:  
<https://www.bbc.co.uk/tiny-happy-people>

## Playing together



- Play games and give children time to respond.
- Role play and recreate experiences.

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[Doctor Pretend Play - BBC Tiny Happy People](https://www.bbc.co.uk/tiny-happy-people)

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