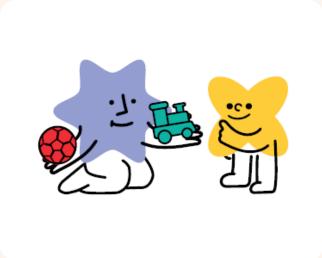
## Communication and Language Top Tips: A or B

Offer choices as often as possible throughout the day. Show and name the alternatives.



For example, "do you want a ball or train?"

#### Choices at mealtimes



- 1. Show milk and water.
- 2. Ask "Do you want milk or water?"
- 3. Ask "Can you pour the drink, or shall I pour it?"

Scan the QR code or click the link to watch the video: <u>Yum yum breakfast - making food</u> <u>choices - BBC Tiny Happy People</u>

### A or B

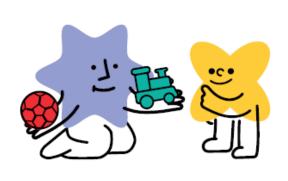


- Offer choices
- Show two things
- Wait for your child to answer
- Repeat back what they choose

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## Did you know...

The benefits of offering choices gives children:

- A sense of achievement.
- Power and control over what they do.
- New words to extend their vocabulary.
- Increased independence and confidence.
- A purpose to communicate.
- A chance to let you know what they like.
- The skills to reduce frustration for them and you.

## Play Shop



- Collect objects from around your home
- 2. Show two objects
- 3. Ask "Do you want the toothbrush or soap."

Scan the QR code or click the link to watch the video <u>The Benefits of Playing Shop with</u> <u>Toddlers & Children - BBC Tiny Happy People</u>

## Choices at play time



- 1. Show 2 toys.
- 2. Ask "Do you want the ball or the car?"

Scan the QR code or click the link to watch the video: <u>Top Tips - Giving Your Child</u> <u>Choices (youtube.com)</u>

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