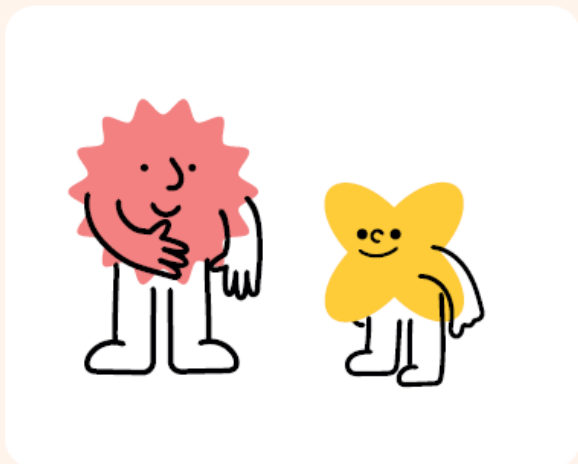


Communication and Language Top Tips:
Actions Speak Louder than Words

Use actions, facial expressions and tone of voice to help children understand and make new words stand out.



For example, rub your tummy and say, *"are you hungry?"*

Sing songs with actions



- The wheels on the bus.
- Row, row, row your boat.
- Heads, shoulders, knees, and toes.

Scan QR code or click the link to see the video:
[Benefits of songs with actions](#)

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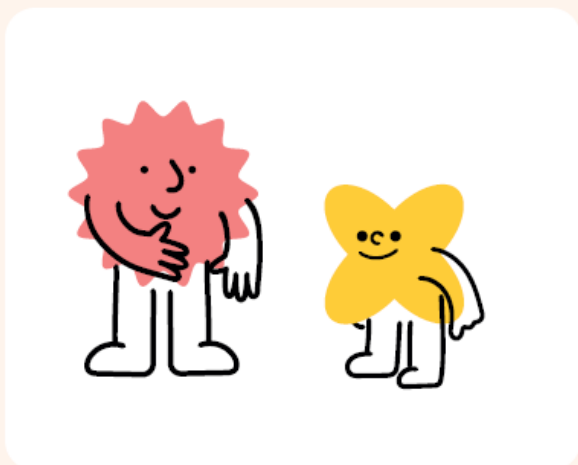


- Show don't just tell.
- Actions make words easier to understand, e.g., rub your tummy and say, *"are you hungry?"*

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Did you know...



Actions help children connect the things they see and do with the words you say.

Babies and children use clues from objects around them to help them understand your words and their routine.

First, children learn to anticipate their everyday routines. For example, a 'baby bib' would offer a clue that it's dinner time.

The more words you say with their actions, the faster your child will make the connection between a word and its action.

Go out for a walk



- Spot the way your child shows interest in something.
- Talk to them about what has their attention.

Scan QR code or click the link to see the video:
[Turn a walk into a learning experience](#)

Use actions at mealtimes



- Say "Pour" as you pour a drink.
- Say "Cut" as you cut up food.
- Say "Wash hands" as you clean their hands.

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[Play ideas for baby's lunch](#)

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