

Communication and Language Top Tips:
Eye to Eye

Get down on the child's level so you can see their face and they yours.



Kneel during bathtime, sit on the floor with your child or sit your child on your knee.

Be face-to-face



- Play peek-a-boo
- Sing songs
- Chat together

Scan QR code or click the link to see the video:
[Help Your Toddler Talk - Tip 1 - YouTube](#)

Face-to-face chat and play



- Face-to-face chat and play is a great way for your child to start to learn.

Scan QR code or click the link to see the video:
[YouTube - Golden Rule 1 - Eye to Eye](#)

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Did you know...

Your baby learns so much from your face! When you play games like 'peek-a-boo', sing songs together or make silly noises, your baby is constantly learning new words and sounds.

Being face to face with your child is an important building block for their communication – and it helps you to understand what they are telling you before they can talk

By talking about what you and your child are looking at, they're more likely to connect your words with the things they see.

Building Towers



- Get down to their level and make eye contact as you play
- Make a tower from building blocks or cardboard boxes
- Count backwards 10, 9, 8...

Scan QR code or click the link to see the video:
[Activity ideas for building blocks with kids](#)

Nappy time



- Get down to their level and make eye contact as you chat to keep them engaged
- Blow raspberries
- Sing Nursery Rhymes

Scan QR code or click the link to see the video:
[Chatting during nappy changes](#)

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